

## Moving Mandala Shamanic Training ~ Residential Intensive

### Unleashing The Power Of Your Spiritual Toolkit

Cape Breton, Nova Scotia

August 31<sup>st</sup> to Sept 3<sup>rd</sup> 2017



*Q: "...so what the heck do you guys DO in those Moving Mandalas, anyway??"*

Here we are again, folks, building up for another Moving Mandala circle where we explore the 7 main chakras, within the context of your own personal life, using shamanic practice. Initially called a *Yantra*, a mandala is a pattern of sound seen in the *third eye* by a Yogi, and when drawn out are honoured and used as tools for focussing and meditation. This is sacred geometry, and we use this in sacred space within a safe container during four, deeply transformative days of experiential learning. This is a richly rewarding experience for people at any stage of spiritual self development and is information accessible to all of us.

This session's theme will allow us the chance to really dive in deep to our inner resources and to bring our gifts to our consciousness, that they may be easily and readily used to both empower and further enrich our lives.



Join me, Margot 'Yellow Deer' Greenfield, and Brenda 'Spirit Whispers' Marita Mason in the late summer bliss of the magical hills of Cape Breton Island! Land Stewards Ruthe Macaulay and Bill Oprel will be our hosts on their beloved property named *Anu*. We will be on the midland of Dunnigan-Glencoe, guarded by mature trees facing a vast expanse of rolling grass, the forest at our feet, and a view from "the highest midpoint between ocean waters". In the community of Glencoe Mills we are in our own private paradise!

- ~New participants \$630, early bird rate \$55 off.
- ~Return participants \$545, early bird rate \$47 off.
- ~Early bird rate offer expires April 15th.
- ~Non-refundable deposit of \$150. due by July 1st.
- ~Payment options: PayPal, or money E-transfer: email to [margotbluebird@gmail.com](mailto:margotbluebird@gmail.com)

Registration opens as usual at 4:30pm, dinner to follow at 5:30, first session begins at 6:30.

Questions? You can send me an email at [margotbluebird@gmail.com](mailto:margotbluebird@gmail.com), or to Brenda at [brendamarita@live.com](mailto:brendamarita@live.com) For more, see Nancy Sherwood's website <http://www.travellersjoy.ca/mandala.html>

Included: high quality, fresh, gluten free meals and snacks, tea/coffee, participant manual, very large tent, -but feel free to bring your own (thank you Ceilidh Tent Rentals!), shower on request, great cell reception!, private venue, fire pit, private washing room, drinking water, toilets.

Please note that space is limited.

*Also new: introducing the "Essential Shaman Course", August 30th 2017, at the same location. Please see other poster.*